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Although the MaineDOT has made a reasonable effort to ensure that the information contained in this guide is correct as of the date of publication, the actual conditions riders encounter may vary, and the Department in no way warrants its accuracy. MaineDOT assumes no liability for personal injury or property damage suffered by bicyclists.

The Roosevelt International Trail (RIT) is envisioned to be a multi-use off-road trail system through Downeast Maine and New Brunswick, Canada. The RIT will incorporate a range of trails for walking, hiking, and cycling that will be wheelchair accessible. Check out the RIT website at www.RooseveltTrail.org for more details.

This tour includes the on-road route of the RIT on the U.S. side.