

**THE BOOTHBAY REGION LAND TRUST (BRLT)** takes great pride in making its properties available for the enjoyment of residents and visitors. When the crowds leave the peninsula and the hush of winter is upon us, the BRLT preserves are often at their most beautiful. The preserves offer excellent spots for cross-country skiing, snowshoeing and hiking during the off-season. Here's an overview of the best spots.

The Boothbay region is known for its spectacular natural beauty, rocky shores, coastal islands, and river corridors. Since 1980, the Boothbay Region Land Trust has preserved the beauty of the Boothbay region by conserving land for the benefit and enjoyment of the residents and visitors.

**Our Mission**  
*To conserve for public benefit the natural habitat, scenic beauty and working land of the Boothbay region.*

BRLT relies on charitable contributions. These donations help support land conservation, stewardship of the preserves, and educational programming. Please consider a contribution.  
**Thank you for your support.**



**BOOTHBAY REGION LAND TRUST**

PO Box 183  
 137 Townsend Avenue  
 Boothbay Harbor, ME 04538  
**Phone: (207) 633-4818**  
**Email: [brlt@bbrlt.org](mailto:brlt@bbrlt.org)**

[www.bbrlt.org](http://www.bbrlt.org)

**WINTER ACTIVITIES**

**An Off-Season Guide for Hiking,  
 Cross-country Skiing  
 & Snowshoeing**

**Trail Guide**



**BOOTHBAY REGION LAND TRUST**

A Non-Profit Land Conservation Organization

### WINTER ACTIVITY SAFETY

The winter weather in the Boothbay region is often unpredictable. In some cases, snowfall is followed by rain; on other days, ideal snow conditions early in the morning are followed by warm afternoon temperatures. Our winter climate is usually cold enough to freeze fresh-water ponds, however, prior to venturing onto any ice, please make certain that it will support the user's weight.

Often branches, logs, slippery ice and other hazards can be hidden under a blanket of snow. Please use added caution when out on BRLT preserves during the winter months.

### LOBSTER COVE MEADOW

This 46.8-acre preserve offers a freshwater wetland, field and forested upland and is ideal for cross-country skiing and snowshoeing. The lower section of the multi-use trail is relatively level and ideal for cross-country skiing. If the temperatures are cold enough, skiing or snowshoeing on the frozen pond are possible with minimal snow coverage. Limited parking is available at the kiosk located at 101 Eastern Avenue, near Rte. 96.

### PENNY LAKE

Penny Lake Preserve in Boothbay Harbor is one of BRLT's most popular destinations year-round. The preserve includes a field with gentle slope, level forested trails and access to the large Penny Lake wetland. The fields and trails are ideal for snowshoeing, cross-country skiing, and perhaps even some casual sledding. With minimal snowfall, the frozen wetland can provide good snowshoeing or skiing. The central trail usually gets packed down quickly and is a well-liked dog walking spot. (Please clean-up after your pets.) The parking area, located behind the Carousel Theater at 196 Townsend Avenue is usually plowed within a day or two of a snowstorm.

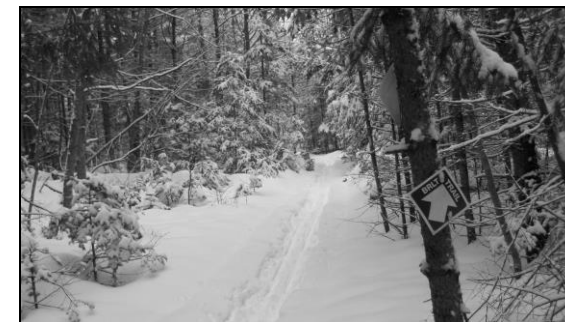
### ZAK PRESERVE

Zak Preserve is an excellent location for cross-country skiing and snowshoeing. The large field provides an open, flat area for beginner skiers. Snowshoers or skiers looking for a challenge can venture into the forest. The trail eventually leads all the way to River Road. Wildcat Creek will often freeze and can provide another option for level terrain. The parking lot, located at 158 Wiscasset Road (Rte. 27), is plowed throughout the winter and holds up to 10 cars.



### SINGING MEADOWS

Singing Meadows is a 16-acre open field, once part of an old saltwater farm. The very gentle terrain of the field provides for great skiing and snowshoeing. Being one of BRLT's less visited preserves, the snow at Singing Meadows is often left untouched and can be very picturesque. The preserve is located in Edgecomb at 65 Cross Point Road. The small parking area is often, but not always, plowed.



### CHURCH PROPERTY (RIVER~LINK TRAIL)

The Church Property contains a beautiful stretch of the River~Link trail. The trail follows an old logging road north through the center of the property. Long, moderate slopes make this area good for snowshoeing or Intermediate/Advanced cross-country skiing. The parking area, located at 112 McKay Road in Edgecomb, is maintained all year.

### OCEAN POINT

Tibbetts Pond, located at 80 Van Horn Road in East Boothbay has been an ice-skating pond for decades. An area for skating is often cleared following a snowstorm. There is a parking area, kiosk and trail next to the pond.

